

Western Region Substitution Policy

1. All substitutions must follow the guidelines outlined in the current G&T Operating Manual in reference to Invitational tournaments. These substitution rules will apply to all tournament games, league games, and exhibition games for all Western Region teams, and Western Region players.
2. Tryouts are exempt as all players in the tryout process are considered as part of the team.
3. In all cases of substitution, permission of the player's coach is required, and the player's president must be advised.
4. If the player is from another association, both presidents must be advised, and G&T must approve the substitution. Please forward email approval/advisement with your request.
5. If the substitution is for a tournament, a TRF Adjustment form must be completed and approved by G&T 48 hours prior to the beginning of the tournament.

League Play

For league games, substitutions from within the association do not require approvals, as long as you are following the G&T substitution rules. Substitutions from outside of your association, and any "exceptions" even if within the same association MUST be approved by G&T.

- a. Note that most leagues have limits on the number of substitute games a player may play. It is the team and the team's association's responsibility to track this. G&T does NOT track league subs. G&T simply validates that the process was correctly followed so that the player is legally playing with the team.

Teams found to have been playing with illegal substitutes may be fined, have the applicable games forfeited, and additional sanctions may be levied on the coach.

In the case of an improperly used player or illegal player, the Region may assess a fine of \$50 per improperly used or illegal player to the team/association, per game, and declare the game(s) a forfeit. The Regional Coaching Coordinator may also assess sanctions to the Head Coach or Acting Head Coach of the team using the substitute(s).

Any League or Home Association may establish their own rules in addition to the above sanctions.

G&T has the option to waive Regional sanctions if a league sanction of equal or greater punishment is being applied by the league.

Tournament Play

For tournament games ALL substitutions a signed TRF adjustment form (ORA G&T-F-07) must be provided and signed by G&T 48 hours in advance of your tournament. This applies to all ages and all divisions with the sole exception of Adult Regionals (BB/B/CC/C/D). These divisions will follow a similar process but with approval by the Adult Coordinator. Make sure you plan ahead!

Note: Emergency exceptions will be permitted at the discretion of G&T (or Adult where applicable). Emergencies are situations such as on-ice injuries. Emergencies will not be granted for teams who "didn't realize they had players not attending". Teams found to be abusing emergency exceptions may be denied them in the future.

When submitting a TRF Adjustment for approval:

1. Use the current form, found on the Ringette Ontario site under "forms"
2. The form must be filled out in full and signed by the coach
3. The form must be sent in PDF (preferred) or JPG format. No other format will be accepted

Teams found to have been playing with illegal substitutes may be fined, have the applicable games forfeited, and additional sanctions may be levied on the coach. In addition, teams found to be using illegal and/or unapproved subs can be denied the right to proceed to Provincials.

Sanctions may be applied by G&T, the Region, and/or the Home Association in the case of illegal substitutions.

Provincials

For Provincial Events, ALL substitutions require the same process as tournament with the following exceptions:

- a. A player can only play in ONE provincial event (currently A's, AA's, U12's)
- b. A player who has played once as a sub in a tournament can still sub at provincials. The only exception is players who fall under the Sport Development restrictions.
 - a. Sport Dev restrictions apply to the full season including both in-season tournaments and year end events (Provincials and Regionals). This current is applied to players on teams U12 and under.
- c. The substitution must be approved by the full G&T committee and should be submitted as far in advance as possible (at least one week prior). Last minute substitutions will be considered only in extreme emergencies. A team's lack of planning is not an emergency.

For Provincial events only, an additional goalie is permitted (for teams that have only one). The additional goalie is restricted to a maximum number of games. The fair ice policy does not apply to the additional goalie, allowing teams to bring a spare goalie who may or may not play at all, but at the same time protecting the rights of the goalie who has been with the team for the entire season. These rules are applicable to all teams currently governed by the fair ice policies.

Regionals

For Western Regions, ALL substitutions require the same process as tournament with the following exceptions:

- a. A player who has played once as a sub in a tournament can still sub at regionals
- b. All sport development restrictions still apply.

Cheat Sheet:

Are you eligible to use subs:

1. Are you missing Goalie(s)? If yes, you are eligible to use goalie(s) substitutes Proceed to #5.
2. Are you missing skaters(s)? If yes proceed to #3
3. Will you have less than 12 skaters (not including your goalies)? If yes, proceed to #5
 - a. If you will not have less than 12 skaters, you are not eligible to use substitutes.
 - b. If you have 12 or more skaters on your TRF, you can use subs to bring you to 12 skaters, following the maximum allowances below.
 - c. If you have less than 12 skaters, you can use subs to bring you to the number of skaters you have on your TRF
4. You can use a maximum of 4 substitutes including skaters and goalies
 - a. You can use a maximum of 2 lateral substitutes (same age and level). Any remaining subs must be from a lower age and/or level.
5. If you are at a tournament, you may use no more than 4 substitutes over the course of the tournament. However the same player can be used to substitute for different missing players.

Questions? Contact Nancy or Jordan at gtwrra@wrra.ca