

Suspensions:

The following is a summary of the MINIMUM suspensions assessed by ORA for Misconduct and Match Penalties. A general rule of thumb is that all Match penalties carry two (2) or more games and all Misconduct penalties carry at least a one (1) game suspension. In addition, any player receiving 10 minutes or more in penalties in one game, or any coach whose team receives 30 minutes or more in penalties in one game shall receive a one (1) game suspension, following the guidelines of Misconduct.

Any penalty resulting in suspension (match, misconduct, excess penalties) is required to be reported to G&T within 24 hours or before the team's next game.

Misconduct (Expulsion)

- During or after the game - ejected + 1 game suspension.
- Suspension must be served with the same team as assessed.
- Suspended from all Ringette activities with the team assessed until served.

Match Penalties (Expulsion)

- During the game - ejected + 2 games suspension
- After the game - 3 games suspension
- Suspension must be served with the same team as assessed.
- Suspended from ALL Ringette activities on ALL teams until fully served.

In all cases these are the ORA/Ringette Canada baseline suspensions. Additional sanctions (discretionary or mandatory) can/will be assessed:

- based on the nature of the penalty
- based on repeat offenses
- by the home association
- by the League
- by the Region

Suspensions carry over across seasons (within ORA) and across governing bodies (Ringette Canada, eg for Eastern Provincials and Nationals).

The above is a summary of details available in the ORA operating manual (G&T 5d).

Failure to serve a suspension:

- shall be subject to a \$50 fine per violation (G&T 8b).
- if protested and validated at a tournament, will result in disqualification of the team from the tournament (G&T 7b).

Any time a fully served penalty is assessed, there is a requirement that the game sheet be submitted within 48 hours to G&T. A scanned PDF copy is preferred over scanned JPEG. Most leagues also have a submission requirement so if you are not sure, CC your league convener (WORL, CORL, WRRL) or disciplinary chair (SWIRL). Please submit all games sheets showing the served suspension as well. For the served suspension, the name/number of the player or name of the coach must be listed on the game sheet and indicated as not playing/participating, under suspension. Game sheets are to be submitted to gtwrra@wrra.ca.

In the case of tournament play or multiple league/exhibition games, please advise of suspensions given/served by email and follow-up with the game sheet within the required time limit. This will assist in timely clarification where additional suspensions are required to be served.

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